SPECHAT

NOVEMBER, 2026



IN THIS ISSUE

FASHION

Cozy in the Cold

OUT 'N' ABOUT

November Events

staff



PRES., DESIGN & MUSIC



PEER EDIT. & DESIGN





EVENTS



DESIGN, FASHION







DESIGN, CRAFTS



DESIGN



FOOD



PEER EDIT., DESIGN



CINEMA



PHOTOGRAPHY



PEER EDIT.



PEER EDIT.



SPORTS



SPORTS



PEER EDIT.



SOCIAL MEDIA



SOCIAL MEDIA

TABLE OF CONTENTS

p2 OUT & ABOUT — *Nosing Around : November Events*

p4 CRAFTS — *Cozy Up and Craft*

p6 FASHION — *Look-Book for Chilly Weather*

p8 MUSIC — *Tous les garçons et les filles by Françoise Hardy*

p9 MUSIC — *Fall Playlist*

p10 CINEMA — *Good Time*

p11 FOOD — *Pumpkin Spice Drinks*

p12 SPORTS — *An Open Letter to Connor Hellebuyk*

p13 SPORTS — *Fall Sports at Spectrum*

p14 PHOTOGRAPHY

p16 LAST MONTH — *Turf Cutting / Clubs Day*

National Native Heritage Month
National gratitude Month

Veterans' week runs from the 5th-11th, with the 8th being Indigenous Veterans Day.
November 11 - Rememberance Day

Tasmyn De Jong, Izzy Shaw

NOSI AR nove

music

Interested in rock? R&B? Maybe even classical music? A variety of musicians are performing this month, take your pick and enjoy a night of music.

Sloan, Alt. Rock, November 14 at the Capital Ballroom

Shawn Desman, R&B, November 21 at the Royal Theatre

Victoria Symphony, dates through November at the Royal Theatre

Ready to embrace the holiday spirit? It's never too early to start playing your favourite holiday tunes and soaking in all the joy. Enjoy some of the many festive events taking place this month!

sports

Another month of our own Uvic athlete's competing. Go and support a game of basketball, rugby or watch one of the soccer's team championship games.

Men's and Women's Basketball vs UNBC- November 6 & 7, @ 6 & 5:00pm

USPORTS Championship Soccer- November 12-15

Men's and Women's Basketball vs UBC- November 27 @ 6:00pm

Men's Rugby vs Burnaby RFC- November 28 @ 2:30pm

Men's and Women's Basketball vs UBCO- November 29 @ 1:00pm

NG OUND mber

Bastion Square Xmas Village
November 12- December 24 12:00-5:00

Victorian Xmas Craft Fair
November 21-22, 10am-5:00pm, and 10am-4:00pm at Commonwealth

43rd Santa Claus Parade
November 28 at 5:30 in Downtown Victoria

Lights of Wonder
November 29-December 31 at Centennial Square

Cozy Up And Craft

By Ruby Eliason

Does anyone else feel like November is one of the worst months of the year? No big holidays; short, dark, cold days; and the novelty of fall is beginning to wear off. I often feel this way, but this year I'm fighting back with some very cozy and fallish crafts to keep spirits high. I think that we can rebrand November as the peak autumn month, and utilize its lack of holidays and events to truly take time to hunker down into the coziness. Both of my November crafts involve various bits and pieces from nature, meaning that you can collect your craft supplies on a crisp autumn walk.











Acorn Bell Garland

Supplies:

- 10-15 acorns (we need the caps for this craft so prioritize the look of the acorn caps rather than the nut itself)
- 10-15 jingle bells (try to find some that are a similar size to the acorns harvested
- Twine or string in desired length of garland
- Hot glue gun and hot glue sticks

Steps:

Using a butter knife or small spoon, try to separate the acorn cap from the nut. Some may break during this process so it's a good idea to collect extra acorns and really take your time. Once you have enough acorn caps (10-15 depending on length of garland), heat up your hot glue and get out the same amount of jingle bells as you have acorn caps. I used gold for mine as I felt it was more autumnal, however silver would work as well. Using a small dollop of hot glue, connect the bells to the acorn caps so that the bells take the place of the nut you removed. Once you have all of your acorn bells, measure out your desired length of string, then divide that by how many acorn bells you have, so that you can evenly space them out. You could even use a pen or marker to mark where each acorn bell should go along the string. Place a very small drop of hot glue on the very top of the acorn cap, then press the string into the glue so that it holds. Repeat until all acorn bells are attached, then find the perfect spot to display your new fall garland!

Alright, this next craft is very easy and highly versatile. I'll walk you through the basic idea, but you can get creative and really go wherever you want with this.

Maple Dragonflies

Supplies:

- 2 maple helicopters per dragonfly (those winged papery seed pods that fall like a helicopter from maple trees)
- 1 thin knobby twig per dragonfly (roughly 3-4 inches in length)
- Hot glue gun and hot glue sticks
- Other optional supplies may be needed depending on what you choose to do with your dragonflies

Steps:

Arrange your 2 maple helicopters as seen in the photo, then place a small dot of hot glue on the center of each. Press your twig into the glue so that a small section of it is ahead of the helicopters, but most of it is behind (refer to photo). That's all you need to do for the basic craft, however you can spice this up in many different ways. I think it would be really cool to paint the 'wings' with gold or bronze metallic paint, or even a glittery nail polish. You could also mount the dragonfly on a frame or wooden plaque as a sort of faux taxidermy. Or, if you are really feeling the fall garlands, you could make multiple dragonflies to attach to a string similarly to our first craft. The possibilities are endless!









"Aran Cable Pullover" by Brian Sawyer is licensed under CC BY-SA 2.0.





[[File:Fashion fall-winter 1980. (9396857529).jpg|Fashion_fall-winter_1980._(9396857529)]]

I am really looking forward to seeing you all wear your beautiful coats. Just so much fun, the sun is good, but being all bundled up is a feeling like no other! There are some funky silhouettes in trend for these jackets, so please make the most of it. I hope to see some thrifted jackets, thanks.





"Falls Creek Ski Trip 2006" by byté is licensed under CC BY-NC-ND 2.0.

Look-Book for Chilly Weather



"Françoise Hardy (1969)" by Joost



"cabled pullover for jea crafts, fall 2006" by jodigreen is licensed under CC BY-NC-ND 2.0





Lafuente, Cat. 'Things Everyone Ignores About The Devil Wears Prada'. The List, 18 Oct. 2019





Tous les garçons et les filles by Françoise Hardy

by Kaiya Nagel

I don't know about you, but all I ever think about is having fun. Sometimes in the colder months, it's easy to forget what really matters... Partying and cracking jokes!! How to combat the drag of work and chores but the sweet, sweet sounds of yé-yé? The phrase "yé-yé" translates to "yeah, yeah!" It was used to describe the high-energy pop music being put out by artists such as Sylvie Vartan, Jacqueline Taïeb, and Françoise Hardy. Françoise Hardy was a French it-girl in the 1960s. She was known for her awkward demeanour, melancholic ballads, and cool androgynous style. She was a prominent figure in the French pop scene, and *Tous les garçons et les filles* (All the Boys and Girls) was the album that put her there. Even though Hardy had this fame in the yé-yé scene, she would forever stand apart from the slightly absurd tunes of her contemporaries. With a simplistic, stripped down quality to her songs and a precious style of vulnerability, Françoise Hardy was a unique artist whose career was guaranteed to last well beyond the yé-yé craze of the early 60s. Even today, I think that her debut album, *Tous les garçons et les filles*, is a perfect fall album because it contains the ideal mix of much-needed optimism and seasonal gloom.

I could separate the songs of *Tous les garçons et les filles* into two categories. First, the fun, yé-yé style, categorized by backup vocals of "woah-oh-oh", and a clipped, high singing voice. Second, the sophisticated, lonely crooning that Hardy was truly acclaimed for. Of the former, my favourite song is certainly "Oh oh, chéri." This track seems to pause and start with every breath Hardy takes. Her exclamation of "oh-oh" sounds more like a hiccup than actual singing. Like most of the songs on *Tous les garçons et les filles*, Hardy is backed by prominent bass and simple jazz percussion on "Oh oh, chéri." The other stand out yé-yé track on this album is "Il est tout pour moi" ("He's Everything to Me"). While Hardy's voice is much smoother in this song than on "Oh oh, chéri," the jaunty guitar and melodically sung "woah-oh-oh-oh, yé, yé, yé, yé" make it distinctly pop. Of all *Tous les garçons et les filles*' slower songs, "Ton meilleur ami" ("Your Best Friend") is one of my favourites. The way that Hardy's voice sweeps and sways is so sickeningly sweet, it nearly brings a tear to my eye. The delightful accompaniment of plucky guitar adds a sense of folk nostalgia to this melancholic confession. This same guitar is also present on the track "La fille avec toi" ("The Girl with You,") though in this case it's just sprinkled throughout, like little gifts from the artist. This lonely ballad features Hardy singing in her classic monotone style about her love's new girl. This time, her "woah-oh-oh-oh, yé, yé, yé, yé" is a bit more depressed.

One of the many practices that set Françoise Hardy apart from other artists at the time is the fact that she wrote most of her own music. In the 60s, it was common for each part of the music making process to be carried out by separate people. Hardy's willingness to express herself openly helped her to connect with a large number of people. Her lyrics often spoke of loneliness, lost love and teenage life. In the title track of the album, Hardy sings "Tous les garçons et les filles de mon âge / Se promènent dans la rue deux par deux ... Oui mais moi, je vais seule / Car personne ne m'aime." This translates to "All the boys and girls my age / Are walking down the street in pairs... Yeah, but me, I'm going alone / Because nobody loves me." This feeling that everyone has somebody except for you is not unknown to the teenage population. Consequently, Hardy was quite popular amongst the youth. One of her most famous songs about young life and love is "Le temps de l'amour" ("The Season of Love.") On this track, Hardy states "C'est le temps de l'amour, le temps des copains / Et de l'aventure / Quand le temps va et vient, on ne pense à rien / Malgré ses blessures." In English, this means "It's the season of love, the season of friends / And of adventure / When the time comes and goes, we don't think about anything / Despite our injuries." Do I live my life by these words? Yes, yes I do. And I think you should, too. Françoise Hardy's lyrics remind audiences of the benefits of going with the flow and enjoying yourself. Yes, you can be heartbroken, but don't let it take over your life.

Tous les garçons et les filles is a versatile debut that can either be played in the background, muffled by the November rain, or loud for brief, yé-yé dance parties. Françoise Hardy's insistent sensitivity and tasteful artistry made her an icon throughout her life. Teen girls idolized her, and men obsessed over her. Even Bob Dylan had great admiration for the French singer, and dedicated his 1964 album, Another Side of Bob Dylan, to Hardy. Mick Jagger, David Bowie and Salvador Dali were similarly infatuated with the mysterious woman, though these sentiments were never reciprocated. Françoise Hardy died in 2024 at the age of 80. She had been sick for two decades with cancer. It saddened me to learn of the loss of such a bright, impactful artist.





Francoise Hardy in Amsterdam . Francoise Hardy, Bestanddeelnr by Joost Evers / Anefo



'Francoise Hardy en la pelicrtla Gran Prix' by Txemari - Argazki.

fall playlist



Death of a Ladies' Man by Leonard Cohen
I'm a Man of Constant Sorrow by Tia Blake
Le temps de l'amour by Françoise Hardy
Crimson & Clover by The Shacks
The Fairest of The Seasons by Nico
Common Burn by Mazzy Star
I'd Like To Walk Around In Your Mind by Vashti Bunyan
I'm Not In Love by 10cc
Forget About by Sibylle Baier
I Like to Be with You in the Sun by Bridget St. John
Never Learn to Cry by Fabienne Delsol
Hey, That's No Way to Say Goodbye by Leonard Cohen
Candy Says by The Velvet Underground
Twist And Shout by The Mamas & The Papas
Tous les garçons et les filles by Françoise Hardy
Turn, Turn, Turn by The Byrds









Pumpkin Spice Drinks

by Neka Riecken

Do you ever crave a pumpkin spice latte or an iced pumpkin chai, but just can't bring yourself to spend eight dollars on a drink? Well if that's you there is a simple and cheap solution that will solve that problem. This is a fifteen minute pumpkin spice syrup and cold foam recipe that will last you the rest of the season!

SYRUP INGREDIENT S

1 cup water
1 cup granulated sugar
2 tsp of cinnamon or 3 sticks of fresh cinnamon
½ tsp cloves
½ tsp ginger
½ tsp nutmeg

S TEPS

Add water and sugar toapot and gradually increase heat up to medium until sugar is dissolved (do not bring to a boil by turning heat on high!)
Add in cinnamon, cloves, ginger, and nutmeg
Reduce heat to simmer and stir in spices for 10 minutes
Over a steeve, pour syrup into a jar so that there is no chunks of spices
Let the syrup cool off and then place in fridge

COLD FOAM INGREDIENT S

3tbspof whipped cream (full fat cream, not the stuff in an aristotle can)
1 ½ tsp of syrup (see recipe above)
1 ½ tsp pumpkin pureé

S TEPS

In a bowl add whipped cream, syrup, and pumpkin puree
With a handheld frother or whisk, mix ingredients together consistency reaches that of slow moving lava
Add cold foam to drink of choice

designed by Leah

GOOD TIME



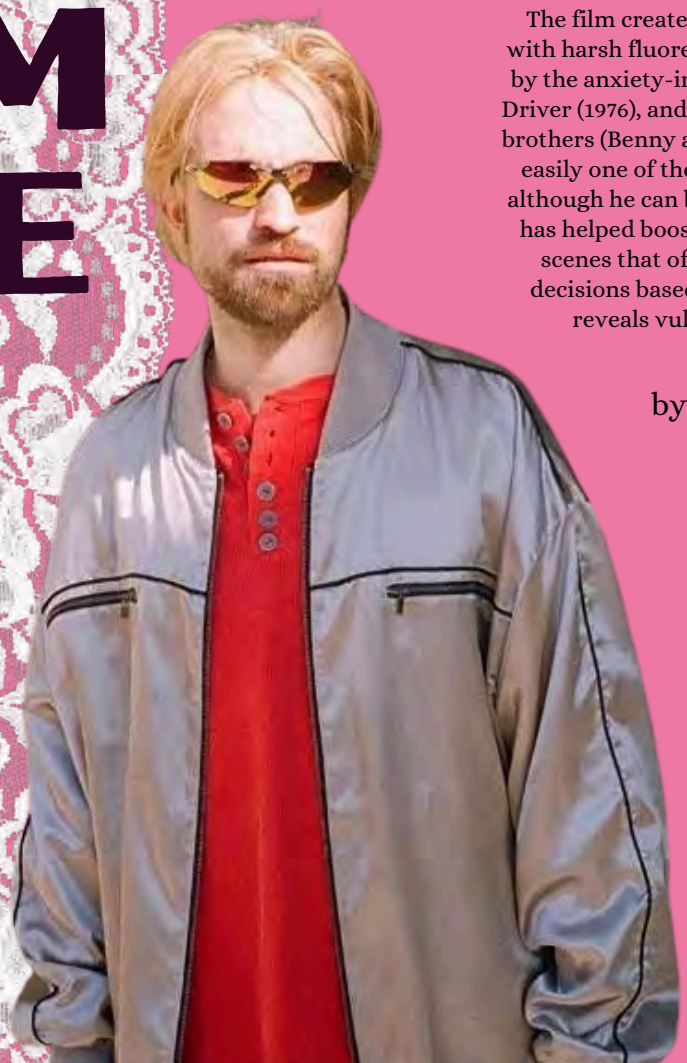
Netflix. https://www.netflix.com/title/80191344. Accessed 27 Oct. 2026.



Despite the title, the events of this film are anything but a good time for the characters. After a robbery gone wrong, Connie (played by Robert Pattinson) will stop at nothing to rescue his brother Nick (played by Benny Safdie) from the danger he put them both in. Through his determination to save his brother, escape with the money, and avoid law enforcement all at once, one question keeps hanging over everything; how much worse can things actually get?

The film creates a distinctive, oppressive atmosphere, shot mostly in close-ups and lit with harsh fluorescent lighting against gritty real-world landscapes. Its look was inspired by the anxiety-inducing films of the 1960s–1980s, notably Dog Day Afternoon (1975), Taxi Driver (1976), and After Hours (1985). It stands as a strong example of the quality the Safdie brothers (Benny and Josh) can achieve even on a relatively low budget. Robert Pattinson is easily one of the biggest standouts for his portrayal of Connie, making himself a victim although he can be controlling. This role is very different from most of his prior films, yet has helped boost his career to what it is today. The movie is packed with highly intense scenes that often leave you questioning every character's judgement, as well as the decisions based on the consequences that follow. Despite the relentless action, it also reveals vulnerability, and a wordless emptiness. Overall, it's an amazing film.

by Fionn Doust



Woolf, Jake. 'Get Robert Pattinson's So Bad It's Good "Good Time" Style'. Substack.newsletter. JAKE WOOLF, 4 May 2022

A24

Written and Directed by the Safde Brothers



Cea, Max. '"Uncut Gems" Is the Safdie Brothers' Ultimate Jackpot'. GQ, 5 Dec. 2019, https://www.gq.com/story/safdie-brothers-uncut-gems-interview-2019.

An OPEN Letter to

CONNOR HELLEBUYCK

by Badel Abdi



Dear Connor Hellebuyck.....

Congratulations, you finally got traded from Winnipeg after holding out and forfeiting close to a million dollar in contract money. This whole situation left a bad taste in all our mouths, especially because you've been one of my favourite goalies for a long time.

I've been a fan of yours for as long as I can remember. Watching you dominate in the regular season, winning Vezinas, Jennings, an MVP, and all star appearances. All these years have been fun. I always defended you when you didn't show up in the playoffs because I still believed that you were one of the best goaltenders in the NHL.

I, along with every Canadian, was upset when Canada lost the ice hockey gold medal to the USA at the 2026 Milano Cortina Winter Olympics. As a fan of yours I was happy and impressed with your stellar play that game, stopping 41 out of 42 shots, and carrying team USA to their first gold in men's ice hockey since the miracle on ice in 1980. A historic performance for a goalie I love watching? From a neutral fan perspective, it was amazing to see (as a Canadian, I hated it).

But now, after a disappointing 2026 season from you and the Jets, you take your pride and ego and decide "You know what? I want out, I'm demanding a trade!" which has been an interesting trend seeing all these American players winning gold- and even before that with Quinn Hughes- asking out of their respective teams because "they want to win." Hey Connor, guess what, YOU COMMITTED TO WINNIPEG, YOU SIGNED THE LONG TERM DEAL TO STAY A JET. You said "I'm ready to be a Jet for life and bring a Cup to this city. I truly believe that we can get it done here," on the 9th of October 2023, after signing a long term, 7 year contract extension.

Now I understand that things can change over time, but you and the jets had one down season, who says you guys can't bounce back? Apparently you because you decided to sit out until otherwise. At least Dylan Larkin of the Detroit Red Wings actually showed up and played for his team after asking for a trade. Now that's class. What you did? It's honestly childish and shows you're hard to work with. No team is going to trade for someone who's been sitting at home, not getting full time NHL reps, it's too big of a risk especially when you didn't have a great year last season, aside from the winter Olympics. The Jets however have been actually able to hold their own and they look good even without you, so I hope you're reconsidering this "plan" of yours because you're not just gonna be losing money from your salary but trust within the locker room if you do decide to come back.

Look Connor, I understand it is your right as an NHL goaltender with tons of achievements and of your status to ask for a trade, however I, along with many NHL fans (especially those in Winnipeg), find it you're using the easy way of your problems and don't appreciate it after you claimed to love the city and the fans.

Now that you got your wish and are playing for the New Jersey Devils now, I can only say best of luck in the garden state. I will still support you and be a fan of yours. Take care Helly.

Yours truly,
Badel Abdi





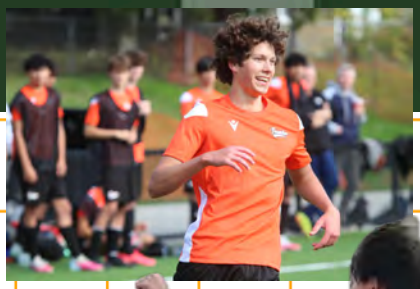
Fall Sports at Spectrum



Jr. Girls Volleyball







Photos curtesy of Bryss Montibon, Yearbook

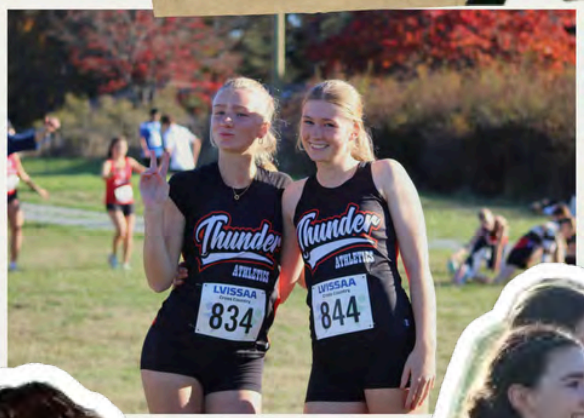


Boy's Soccer

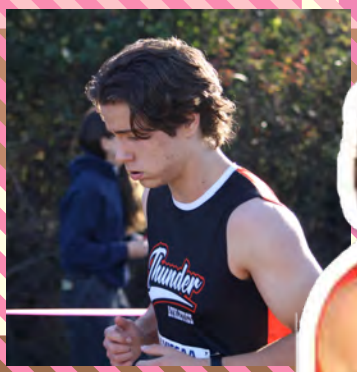














Cross Country

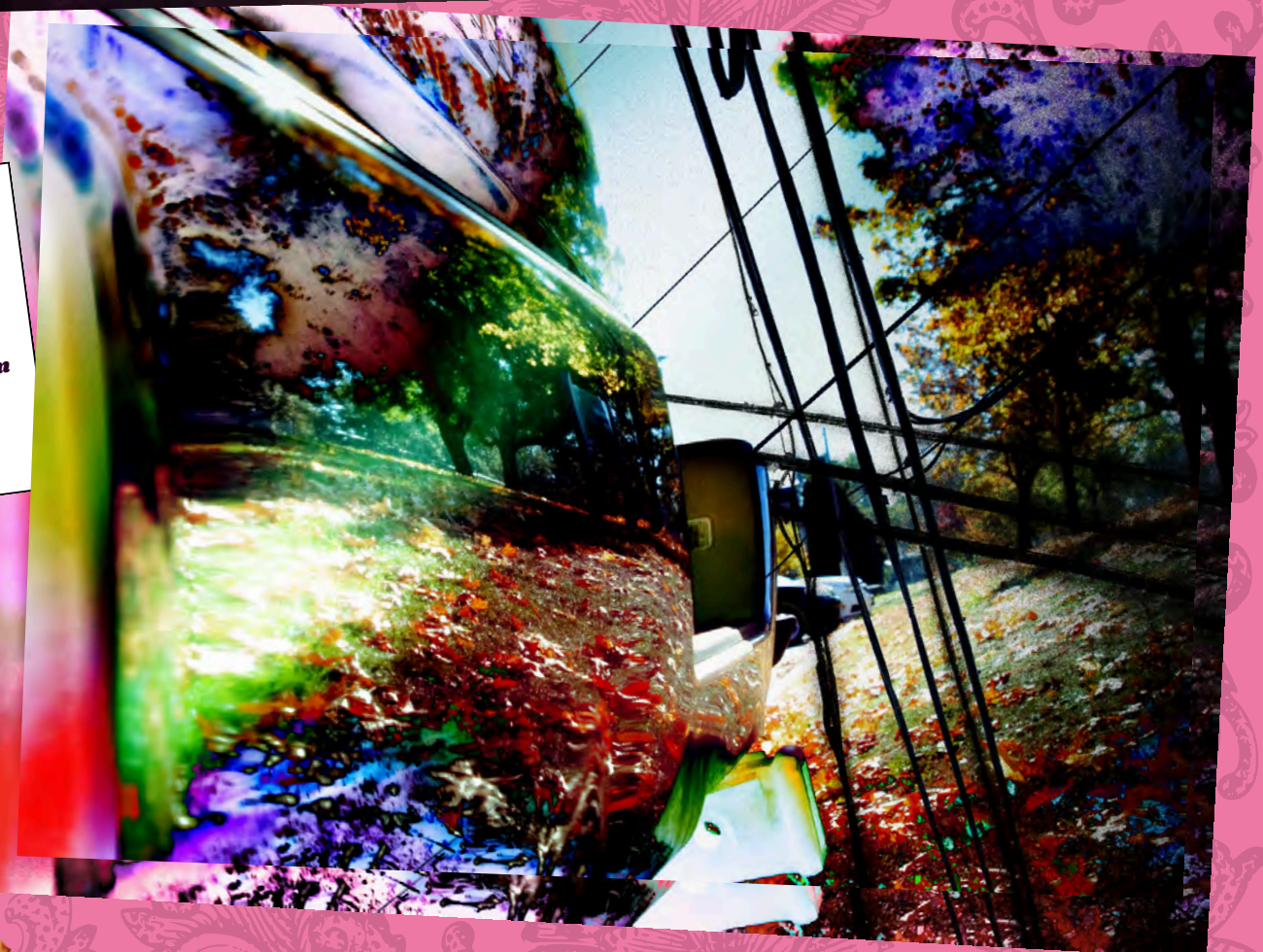




Designed by Liz Allan

photography





photography by Indy k.

find more
@radiofishh on tiktok
@radiofishhh instagram





THE ~~IS~~ A PLASTIC TURF
WHERE THE ~~PEOPLE~~ USED TO BE GRASS
~~WE~~'D NIBBLE ON IT AND EMPTY ~~MY~~ A*!
IT WAS A SWAMP LONG LONG AGO
A MIGRATION ROUTE AS SOUTH WE'D GO
BUT NOW IT'S NOT GOOD FOR US EAT
ALTHOUGH PLASTIC IS IN EVERYONE WE MEET

by Mr. Schwarz





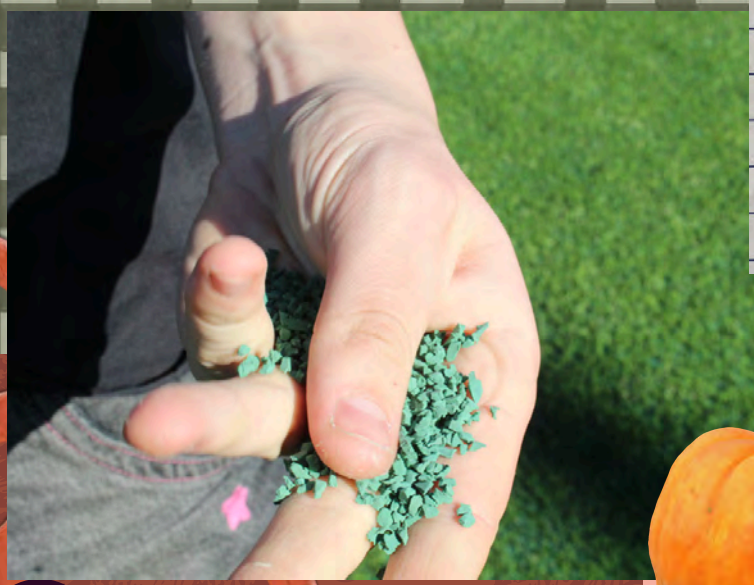


[T]here is a place where the plastic is green.

[U]plift like the sky and the ground is clean.

[R]eally the beauty of chainlink's obscene.

[F]or the people who stand on the turf supreme



The grand turf ribbon cutting.. thank you Ryan Reynolds.

A great new space for sports and fun!

last month







This was clubs day... look at these beautiful tables! Thank you for visiting us










Read SPECWHAT
online here